



THE PLUG

EST. 2018

September

Overcoming Doubt:

Faith When You're Not Sure

PLUG VERSE OF THE WEEK: [Hebrews 11:1] Now faith is confidence in what we hope for and assurance about what we do not see.

[Bible verses: James 1:6, Mark 11: 23, Hebrews 11:1]

Ice Breaker Game:

Big Idea

Doubt may show up in your faith, but you don't have to let doubt have the final word.

Opening Questions

Have you ever wanted to believe something was going to work out, but a voice in your head kept saying, "What if it doesn't?"

Group Breakout

Hebrews 11:1 — Faith when you can't see

"Now faith is confidence in what we hope for and assurance about what we do not see."

- Why do you think faith requires us to trust God even when we can't see the outcome?
- What are some things teenagers struggle to trust God with?
- How can not seeing the answer make doubt stronger?

Mark 11:23 — Believing when something seems impossible

- Jesus talks about believing and not doubting. What do you think He means by that?
- What's the difference between **having a doubt** and **allowing doubt to control you**?
- What “mountains” might teenagers face that require them to trust God?

James 1:6 — What we do with doubt

“But when you ask, you must believe and not doubt...”

- Why do you think James compares doubt to a wave of the sea?
- What causes our faith to “waver”?
- How can friends, social media, circumstances, or our emotions affect our faith?
- What can we do when we feel ourselves beginning to doubt?

Activity: The Doubt Exchange

On a piece of paper write down one doubt, fear, or question that makes it difficult for them to trust God.

Collect responses and randomly redistribute. Have youth read the doubt and answer this question

What truth from these three Scriptures could help someone overcome this doubt?”

Discussion Questions

- What are some things teenagers commonly doubt about God or their faith?
- Have you ever prayed about something and wondered, “Is God even listening?” What makes us feel that way?
- Why do you think we sometimes trust God when things are going well but struggle to trust Him when things get difficult?
- What would you tell a friend who said, “I want to believe in God, but I have too many doubts”?

Closing Thought

Faith isn't the absence of doubt. Faith is choosing to trust God in the middle of doubt.

Hebrews 11:1 reminds us that faith doesn't depend on what we can see. Mark 11:23 challenges us to believe God can do what seems impossible. James 1:6 reminds us not to allow uncertainty to make us constantly waver.

You may have questions. You may have moments when you're afraid. You may not understand what God is doing. But doubt doesn't have to define your faith.

Tithes

Prayer Request

Alter Call: Looking to be baptized or rededicate life to God

Announcements: Youth Take Over October 25th